

ITSCON 2026

The Annual conference
of the Indian Thyroid society

14th Fri & 15th Sat August 2026

Leela Palace, Chennai

Scientific Highlights

Symposia | Keynote Lectures
Clinical Case Seminars | Meet the Expert | Workshops

For Enquiries, Contact



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Itscon2026@gmail.com



www.itscon2026.com

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Vanakkam!

It is our great pleasure to welcome you to **ITSCON 2026**, the Annual Conference of the **Indian Thyroid Society**, to be held on **14th - 15th August 2026** at the prestigious **Leela Palace, Chennai**.



This conference will bring together leading **endocrinologists, endocrine surgeons, nuclear medicine physicians, researchers and allied specialists** from across the country. ITSCON 2026 aims to provide a vibrant academic platform to share knowledge, exchange ideas, and discuss the latest advances in the understanding and management of thyroid disorders. The conference will feature: Plenary lectures by renowned national and international experts, interactive scientific sessions, panel discussions, and symposia, Case-based learning and workshops and opportunities for young researchers to present abstracts and posters.

Chennai stands as one of India's foremost centres for medical education, clinical excellence, and research. With its world-class hospitals, universities, and academic institutions, the city provides an ideal setting for a scientific gathering dedicated to advancing thyroid science. Beyond academics, Tamil Nadu is celebrated for its rich cultural heritage. The state is home to magnificent temples with intricate stone carvings and towering gopurams, many recognized as UNESCO World Heritage Sites. Its vibrant traditions include Carnatic music and Bharatanatyam, two pillars of classical Indian art. Visitors to Chennai can explore the scenic Marina Beach and Elliot's Beach, experience traditional hospitality, shop for exquisite Kanchipuram silk sarees and enjoy the region's renowned cuisine.

Your participation will greatly enrich the academic discussions and contribute to the success of this prestigious meeting. We warmly invite you to join us in Chennai for an engaging and memorable scientific experience. Let us come together to improve patient care, advance thyroid research, strengthen collaborations and inspire the next generation of clinicians and researchers.

We look forward to welcoming you to **ITSCON 2026** in Chennai.

Warm Regards,

Dr. Muthukumaran Jayapaul
Organizing Secretary

Dr. Krishna Seshadri
Organizing Chairperson



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Organizing Committee

Program Chair

Dr. Krishna G Seshadri

Program Vice-Chair

Dr. Jayashree Gopal

Organizing Secretary

Dr. Muthukumaran Jayapaul

Joint Organizing Secretary

Dr. Vijaya Bhaskar Reddy

Dr. Shanmugasundar G

Joint Chair - Science

Dr. Shriraam Mahadevan

Dr. Kumaravel Velayutham

Finance Secretary

Dr. R. Bharath

Organizing Committee Members

Dr. Anjali Sathya
Dr. Dhalapathy Sadhacharan
Dr. Dukhabandhu Naik
Dr. Durairaj Arjunan
Dr. Geethalakshmi S
Dr. Khusboo Agarwal
Dr. Leelavathy K.
Dr. Manikandan R. M.

Dr. Muhamed Faizal Ayub
Dr. Nitin Kapoor
Dr. Nivethitha Karthika L
Dr. Prem Kumar A
Dr. Rajesh Rajendran
Dr. Sai Krishna Vittal
Dr. Santhosh Sampath

Dr. Sridhar Subbiah
Dr. Sruthi Chandrasekaran
Dr. Thalavai Sundaram K.S
Dr. Usha Ayyagari
Dr. Velayutham P
Dr. Vidhya Rajeev Jahagirdar
Dr. Warun Kumar M. R

Indian Thyroid society

Current Office - Bearers

President : Dr. Narendra Kotwal
President Elect : Dr. Pramila Kalra
Vice President : Dr. Sujoy Ghosh
Secretary : Dr. Arun Menon
Joint Secretary : Dr. Himagirish K Rao
Treasurer : Dr. Mini G Pillai

EC Members

: Dr. Joe George
Dr. Kumaravel V
Dr. Mohan T Shenoy
Dr. Roma Pradhan
Dr. Saptarshi Bhattacharya

AOTA Representative

: Dr. Shashank Joshi

Co-opted Members

: Dr. Vijaya Bhaskar Reddy
Dr. MV Rama Mohan
Dr. Sachin Mittal

Org Secretary ITSCON 2025 : Dr. Ritesh Agarwal

Org Secretary ITSCON 2026 : Dr. Muthukumaran Jayapaul

For enquiries regarding

The Thyroid Society

Pulayanarkotta, Thiruvananthapuram,
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14th Fri & 15th Sat August 2026

Day 1 - Hall - A - 14th August 2026 (Friday)			
Time	Topics	Speaker	Moderator / Chairperson
09.00 to 10.00	Workshop: Congenital Hypothyroidism		
09.00 to 09.15	Interpretation of Neonatal Thyroid Function Tests	Dr. Mohan Shenoy	Dr. P G Sundararaman
09.15 to 09.30	Levothyroxine Therapy in Infants: Dosing, Monitoring, and Challenges	Dr. Shriram Mahadevan	Dr. Kumaravel V Dr. Jayashree Gopal
09.30 to 09.45	Transient vs Permanent Congenital Hypothyroidism	Dr. V Sri Nagesh	
09.45 to 10.00	Discussion		
10.00 to 11.00	Workshop: Indeterminate Thyroid Nodule		
10.00 to 10.15	AUS Thyroid Nodules: Repeat FNAC or Molecular Testing?	Dr. Sujoy Ghosh	Dr. S. Murthy
10.15 to 10.30	Ultrasound Risk Stratification in Indeterminate Thyroid Nodules	Dr. Saptarshi Bhattacharya	Dr. Hamid Ashraf
10.30 to 10.45	Optimizing Extent of Surgery in Molecularly Suspicious Nodules	Dr. Himagirish K. Rao	Dr. Subhash Yadav
10.45 to 11.00	Discussion		
11.00 to 11.45	Clinical Case Seminar: Medical Management of Thyrotoxicosis (including indefinite medical therapy)		Moderator: Dr. M V Rama Mohan
			Panel Members: Dr. S.V. Madhu Dr. Mini G Pillai Dr. Kavya J Dr. Ritesh Kumar Agarwala
11.45 to 12.00	Break		
12.00 to 12.45	Clinical Case Seminar: Autonomously Functioning Thyroid nodule		Moderator: Dr. G. Shanmugasundar
			Panel Members: Dr. George Thomas Dr. Smitha Nalla Dr. Chandan Kamath Dr. Aneez Joseph
12.50 to 13.30	Welcome Honours Presidential Oration	Dr. Narendra Kotwal	
13.30 to 14.15	Lunch		
14.15 to 15.30	Special Symposia: Drugs and Thyroid Function		
14.15 to 14.35	Drug interference in thyroid absorption: An Update	Dr. Arun Menon	Dr. Alpesh Goyal
14.35 to 14.55	Immune and Cancer Therapies and thyroid dysfunction	Dr. Shashank R. Joshi	Dr. Manish S Kushe
14.55 to 15.15	Alternatives to early morning thyroid dosing: a review	Dr. Abhay Sahoo	Dr. Mahesh Sukumaran
15.15 to 15.25	Discussion		
15.25 to 16.35	Special Symposia: Translational Thyroidology		
15.25 to 15.45	Lessons from GWAS on the Genetics of Thyroid dysfunction and their clinical relevance	Dr. Joe George	Dr. N. K. Agarwal Dr. Ved Prakash
15.45 to 16.05	Placental handling of Thyroid and Iodine: What are the lessons	Dr. Pinnaki Dutta	Dr. Ganesh Moorthy
16.05 to 16.25	The T3BR as a metabolic switch: Clinical implications	Dr. Pramila Kalra	
16.25 to 16.35	Discussion		
16.35 to 17.30	Special Symposia: Thyroid Eye Disease		
16.35 to 16.50	Dysthyroid orbitopathy in India: Are there regional differences in prevalence and what are the causes	Dr. Vijaya Bhaskar Reddy	Dr. Anulekha Mary John Dr. Radhakrishnan
16.50 to 17.15	Steroid use in Dysthyroid orbitopathy: Evidence, Regimen and Current Role	Dr. Sachin Mittal	Dr. Venkata Rakesh
17.15 to 17.30	What is the role of surgery and radioiodine in the management of Dysthyroid Eye disease?	Dr. Bharath Ramji	
17.30 to 17.40	Discussion		
17.40 to 18.20	Special Symposia: Practical Thyroidology		
17.40 to 17.55	Thyroxine Malabsorption : Recognition Diagnosis and Care	Dr. P K Jabbar	Dr. K. Vamsi Krishna
17.55 to 18.10	Inconsistencies in Thyroid formulations in the market and its implications for patient care	Dr. Sailaja A	Dr. Sankarnath Jha Dr. Kavitha S
18.10 to 18.20	Discussion		
18.30 to 19.30	General Body Meeting in Hall B		
19.30 onwards	Inauguration & Entertainment & Dinner		



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Day 1 - Hall - B - 14th August 2026 (Friday)			
Time	Topics	Speaker	Moderator / Chairperson
09.00 to 10.00	Special Symposia: Thyroid disorders and environmental determinants		
09.00 to 09.15	Environmental Goitrogens and their clinical implications	Dr. Beatrice Anne	Dr. Sudeep Putta Manohar
09.15 to 09.30	Nutritional Modulation in Thyroid disease: Fact or Fiction	Dr. Ravishankar. E	Dr. Ravikannan
09.30 to 09.45	T3 mimetic endocrine disruptors: a primer for the clinician	Dr. Nitin Kapoor	Dr. Meher Prasad
09.45 to 10.00	Discussion		
10.00 to 11.00	Special Symposia: Thyroid axis and Inflammation		
10.00 to 10.15	The Thyroid axis in Obesity	Dr. Sambit Das	Dr. Saumik Dutta
10.15 to 10.30	Thyroid dysfunction in Immuno-Inflammatory disease	Dr. Manoj Chadha	Dr. Sumit Chakraborty
10.30 to 10.45	IgG4 related Thyroid Disease	Dr. Ameya Joshi	TBD
10.45 to 11.00	Discussion		
11.00 to 11.45	Clinical Case Seminar: Thyroid hormone resistance		Moderator: Dr. Nilakshi Deka
			Panel Members: Dr. Leelavathy K Dr. Sharvil Gadve Dr. Warun Kumar
11.45 to 12.00	Break		
12.00 to 12.45	Clinical Case Seminar: Compressive and Retrosternal MNG		Moderator: Dr. Vasireddy Nayana Tara
			Panel Members: Dr. Ranjith Sukumar Dr. Sabaretnam Mayilvaganan Dr. Arunkumar R Pande Dr. Arun Mithra
12.50 to 13.30	Oration Hall A		
13.30 to 14.15	Lunch		
14.15 to 15.30	Special Symposia: Thyroid Pathology		
14.15 to 14.35	What constitutes - High Risk Thyroid Cancer Morphology - A pathologic approach	Dr. Anjali Sathya	Dr. Subhodip Pramanik Dr. Sanjay Saran Dr. Sai Vishnupriya Vittal
14.35 to 14.55	What is Bethesda III and What is not? A cytologic perspective	Dr. Sushama Patil	
14.55 to 15.15	Metastasis to the thyroid - Clinico Imaging Correlates	Dr. Adlyne Reena A	
15.15 to 15.25	Discussion		
15.25 to 16.35	Special Symposia: Difficult Thyroid Cancer		
15.25 to 15.45	Anaplastic Thyroid Cancer : An Update	Dr. Amit Agarwal	Dr. A. Prem Kumar
15.45 to 16.05	Treatment options in Iodine Non-Avid Thyroid Cancer	Dr. Subbiah Sridhar	Dr. Jeo George Mangalan Dr. Kumaran M.P.
16.05 to 16.25	DTC with bone metastasis	Dr. Chitraselvan	
16.25 to 16.35	Discussion		
16.35 to 17.30	Workshop: Nuclear medicine therapies and the thyroid		
16.35 to 16.50	Current Indications for Radioiodine Therapy in Differentiated Thyroid Cancer	Dr. KVS Harikumar	Dr. Prabhu E Dr. Arun Prashanth
16.50 to 17.05	Radioiodine Therapy for Graves' Disease: Contemporary Perspectives	Dr. Gagan Priya	Dr. Maharajan R
17.05 to 17.20	PET-CT and Nuclear Imaging in Thyroid Cancer	Dr. Santhosh Sampath	Dr. Aashish Reddy Bande
17.20 to 17.30	Discussion		
17.30 to 18.25	Workshop: Minimally invasive or non-invasive thyroid interventions		
17.30 to 17.45	Patient Selection for Non-Surgical Thyroid Interventions	Dr. Sridhar S	Dr. Warun Kumar
17.45 to 18.00	Comparative Outcomes of RFA, Laser, and Microwave Ablation	Dr. Aneesh Ghosh	Dr. Palanivel S
18.00 to 18.15	How Endocrinologists Can Build an Interventional Thyroid Practice	Dr. Subramanian Kannan	Dr. Dheeraj Kapoor
18.15 to 18.25	Discussion		
18.30 to 19.30	General Body Meeting		
19.30 onwards	Inauguration & Entertainment & Dinner		



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Day 1 - Hall - C - 14th August 2026 (Friday)			
Time	Topics	Speaker	Moderator / Chairperson
09.30 to 10.30	Oral Paper presentation	Judges: Dr. Priyadharsini R Dr. Alpesh Goyal	Judges: Dr. Anulekha Mary John Dr. Dheeraj Kapoor
10.30 to 11.30	Oral Paper presentation	Judges: Dr. Nivethitha Karthika Dr. Akil Joshi	Dr. Shruthi Bettegowda Dr. Durairaj Arjunan
11.30 to 12.30	ITS Guidelines Discussion		
11.30 to 12.30	Thyroid Cancer Working Group		
12.50 to 13.30	Oration Hall A		
13.30 to 14.15	Lunch		
14.15 to 15.00	ITS Primary Care Focus: Subclinical Hypothyroidism - Screening Work up and Care		Moderator: Dr. Manikandan R M Panel Members: Dr. Sandeep Devi Reddy Dr. Sneha Sharvil Gadve Dr. Vaibhav Dukle Dr. Arun Kannan K
15.00 to 15.45	ITS Primary Care Focus: Thyroxine use in clinical care - initiation titration and maintenance		Moderator: Dr. Suresh Prabhu R Panel Members: Dr. Arul Prakash Dr. Ankush Desai Dr. Tarun Sekhri Dr. Nivethitha Karthika
15.45 to 17.00	Management of thyroid disease in special populations:		
15.45 to 16.00	Thyroid Disorders in Children	Dr. Ganavi Y P	Dr. Krishna Reddy Thaduri
16.00 to 16.15	Thyroid Disorders in Pregnancy	Dr. Jayashree Gopal	Dr. B. Harish Darla
16.15 to 16.30	Thyroid disorders in Elderly	Dr. Sadishkumar Kamalnathan	Dr. Balaji Chidambaram
16.30 to 16.45	Perioperative thyroid management	Dr. Narayanan NK	
16.45 to 17.00	Discussion		
19.30 onwards	Inauguration & Entertainment & Dinner		

Day 2 - Hall - A - 15th August 2026 (Saturday)			
Time	Topics	Speaker	Moderator / Chairperson
09.00 to 10.00	Workshop: Advances in Thyroid Ultrasound		
09.00 to 09.15	Ultrasound Risk Stratification Systems: ATA vs ACR TI-RADS vs EU-TIRADS	Dr. Ashu Rastogi	Dr. Sudeep Gandra Reddy Dr. Siddiqu Nikith. Z
09.15 to 09.30	Beyond TI-RADS: Advanced Thyroid Imaging	Dr. Deep Dutta	Dr. Divya C Ragate
09.30 to 09.45	Artificial Intelligence in Thyroid Ultrasound	Dr. Om Lakhani	
09.45 to 10.00	Discussion		
10.00 to 10.45	Debate: Current TSH targets in pregnancy are an overkill		
	For	Dr. Sruthi Chandrasekaran	
	Against	Dr. Sowmik Goswami	
	Balanced Overview	Dr. Subhankar Chowdhury	
10.45 to 11.30	Clinical Case Seminar: Low risk DTC		Moderator: Dr. Usha Ayyagari Panel Members: Dr. SK Sharma Dr. Sunanda T Dr. S Umadevi Dr. Debmalaya Sanyal
11.30 to 11.45	Break		



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Day 2 - Hall - A - 15th August 2026 (Saturday)

Time	Topics	Speaker	Moderator / Chairperson
11.45 to 13.00	Special Symposia: Potpourri		
11.45 to 12.05	TSH to T-Score	Dr. Kumaravel V	Dr. R V Jayakumar
			Dr. Vidhya Rajeev Jahagirdar
12.05 to 12.25	TSH: Thyroid function and longevity	Dr. Mathew John	TBD
12.25 to 12.45	Autoimmune Thyroid Disease in Specific Genetic Disorders	Dr. Vimal MV	
12.45 to 13.00	Discussion		
13.00 to 13.25	Keynote 1: The Thyroid - an evolutionary understanding	Dr. Krishna Seshadri	Dr. Muthukumaran Jayapaul
13.25 to 13.50	Keynote 2: Personalised thyroid care: When & How to use T3/T4 together	Dr. Nisha Bhavani	Dr. Arun Menon
13.50 to 14.00	Discussion		
14.00	Valediction followed by Lunch		

Day 2 - Hall - B - 15th August 2026 (Saturday)

Time	Topics	Speaker	Moderator / Chairperson
09.00 to 10.00	Workshop: Advances in Thyroid Surgery		
09.00 to 09.15	Intraoperative Neuromonitoring and parathyroid preservation	Dr. Pradeep P V	Dr. Sai Krishna Vittal
09.15 to 09.30	Recent Advancements in Thyroid and Parathyroid Surgery	Dr. Ritesh Agarwal	Dr. Ramya C. Valiveru
09.30 to 09.45	Robotic Thyroid Surgery: Hype or Future Standard?	Dr. Roma Pradhan	Dr. Muhamed Faizal Ayub
09.45 to 10.00	Discussion		
10.00 to 10.40	Debate: Tissue Hypothyroidism is a cure in search of a disease		
	For	Dr. Jayaprakash Sahoo	
	Against	Dr. Ipsita Mishra	
	Balanced Overview	Dr. PG Sundararaman	
10.40 to 11.20	Clinical Case Seminar: Locally invasive thyroid cancer (including aerodigestive invasion)		Moderator: Dr. Dhalapathy Sadacharan
			Panel Members: Dr. Rajesh Rajendran Dr. S G Ramanan Dr. Sahana Shetty Dr. Sharvil Gadve
11.20 to 11.30	Break		
11.30 to 12.40	Special Symposia: Thyroid and Public health		
11.30 to 11.50	Universal Iodisation : The threats and Tribulations	Dr. Raman Marwaha	Dr. Paranthaman
11.50 to 12.10	Universal Neonatal Thyroid screening in India: Why is it still a challenge?	Dr. Parag Shah	Dr. Vignesh. G Dr. S. Chandrasekar
12.10 to 12.30	Screening for thyroid dysfunction in pregnancy - Are we ready yet?	Dr. S. K Wagnoo	
12.30 to 12.40	Discussion		
12.40 to 13.40	ITS Primary Care focus - Management of Hypothyroidism		
12.40 to 12.55	Interpretation of TFT in Clinical practice	Dr. Tara Nath Koirala	Dr. Geethalakshmi
12.55 to 13.10	Management of Refractory Hypothyroidism	Dr. Robin Maskey	Dr. Shanmugam K
13.10 to 13.25	Hypothyroidism and Atypical Presentations	Dr. Ganpathi Bantwal	TBD
13.25 to 13.40	Discussion		
14.00	Valediction followed by Lunch		



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REGISTRATION FORM

Registration No.

Receipt No.

(For Office use only)

PERSONAL DETAILS (Please fill in CAPITAL LETTERS only)

Title: Dr ☐ Prof ☐ Mr ☐ Mrs ☐ Ms ☐

First Name: _____ Last Name: _____ Gender: ☐ Male ☐ Female

Address: _____ City: _____ Pin Code: _____

Institution/Company: _____ Ph: _____

Mobile: _____ Email: _____ Med Council Reg No: _____ State: _____

Category	Up to 31st May 2026	1st June - 31st July 2026	1st August - Spot Registration
ITS Member	☐ ₹ 4000	☐ ₹ 6000	☐ ₹ 8000
Non-member	☐ ₹ 6000	☐ ₹ 8000	☐ ₹ 10000
PG Student	☐ ₹ 4000	☐ ₹ 6000	☐ ₹ 8000
Accompanying Person	☐ ₹ 4000	☐ ₹ 6000	☐ ₹ 8000
International Delegate	☐ \$ 100	☐ \$ 150	☐ \$ 200

PAYMENT DETAILS

DD/Cheque No: _____ Date: _____ Amount (₹) _____ In words: _____

Bank & Branch Name : _____

Name : _____ Designation: _____ Date: _____

- N.B:** 1. Post-graduates should furnish a proof of his/her status from the Head of department/Institution.
2. Payments may be made in DD/Cheque payable at Puducherry in favor of "INDIAN THYROID SOCIETY".
3. Cancellation of registration is permitted only up to 1st August 2026. 50% of the registration fee will be refunded only after the conference.
4. Registered delegates are entitled for attending Scientific Sessions, Inaugural programme, Trade exhibition, Lunches/Dinners and a Delegate kit.
5. Rights of admission reserved.

Kindly send the duly filled form at the below address:

Conference secretariat: **Arka Center for Hormonal Health Pvt Ltd**

5/2, First Avenue, Sastri Nagar, Adyar, Chennai - 600 020. | Mobile: 94980 41000

Email: itscon2026@gmail.com | Website: www.itscon2026.com

Signature & Stamp